

Treatment Services: Adolescent



Adolescent Services

Stepping Forward is our adolescent center and community based treatment program serving consumers from ages 12 – 22. The program is designed to increase independence within the home, work and community utilizing the principles and procedures of Applied Behavior Analysis.

The treatment plan is developed by a Board Certified Behavior Analyst® (BCBA®), and Board Certified Assistant Behavior Analyst® (BCaBA®) in conjunction with their Individual Service Plan (ISP) and Individual Education Plan (IEP) goals identified by the family, school district, and SBSA assessment team.

In addition, assessments and interviews are conducted prior to determine the family's goals for employment and future living placement.



The core of the program is designed around the following domains:

Communication with adults and peers, using any of the following methods

- Vocalizations
- Picture Exchange Communication System®
- American Sign Language
- Electronic Communication Devices

Life Skills

- Self monitoring
- Cooking
- Cleaning
- Hygiene
- Laundry

Leisure and Social Skills

- Exercise and physical education
- Video and computer games
- Scrapbooking, gardening, and other recreational activities
- Games – physical and board or card games



Vocational Skills

- Filling purchase orders
- Stocking
- Office tasks
- Landscaping
- Janitorial tasks
- Computer skills
- Recycling



Functional Academic Skills

- Reading
- Writing/Typing
- Math

Community Outings

- Riding public transportation
- Purchasing items in a general store
- Grocery shopping
- Participating in recreational activities within the community
- Meals in the community; restaurants and fast-food
- Doctor, dentist, haircut, and related visits
- SBSA hosted teen nights, movie nights, and related activities



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